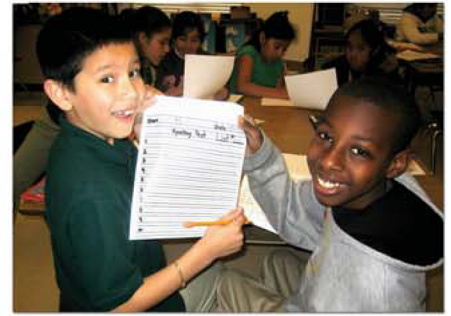




KnowledgeQuest Presents



STUDY SKILLS SECRETS

Time Management & Organization

- Find your learning style
- Keep track of assignments
- Use your time effectively

Reading Strategies

- Know when to skim or scan
- Improve memory & reading rate

Grades
5-8

Note-Taking & Outlining

- SQ3R Method
- Cornell Method
- Become a better listener

Test-Taking Skills

- Deal with test anxiety
- Ways to prepare
- Study for different types of tests

Program aligned with California State Standards.